


Week Commencing: 30 OCT / 20 NOV / 11 DEC / 1 JAN / 22 JAN / 4 MAR / 25 MAR

WEEK 1

### Monday

Vegetable Biryani   
Margherita Pizza & Wedges   
Jacket Potato - Beans  
/Cheese/Tuna Mayo/Coleslaw  
Seasonal Vegetables   
Apple Crumble & Custard  
Fresh Fruit or Peach/Strawberry  
Yoghurt

### Tuesday

Vegetable & Lentil Bolognese  
with Pasta   
Chicken & Sweetcorn Meatballs  
with Spaghetti  
Jacket Potato - Beans  
/Cheese/Tuna Mayo/Coleslaw  
Seasonal Vegetables   
Pineapple Upside Down Sponge  
  
Fresh Fruit or Peach/Strawberry  
Yoghurt





### Wednesday

Quorn Sausage with Roast  
Potatoes & Gravy   
Roast Chicken with Roast  
Potatoes & Gravy  
Jacket Potato - Beans  
/Cheese/Tuna Mayo/Coleslaw  
Seasonal Vegetables   
Strawberry Jelly   
Fresh Fruit or Peach/Strawberry  
Yoghurt

### Thursday

Macaroni Cheese   
Beef Keema Curry & Rice  
Jacket Potato - Beans  
/Cheese/Tuna Mayo/Coleslaw  
Seasonal Vegetables   
Orange Drizzle Cake   
Fresh Fruit or Peach/Strawberry  
Yoghurt

### Friday

Cheese & Onion Quiche with  
Chips   
Fish Fingers & Chips   
Jacket Potato with Cheese or  
Baked Beans  
Seasonal Vegetables   
Chocolate Brownie   
Fresh Fruit or Peach/Strawberry  
Yoghurt

### Key



Vegetarian



Plant Based  
Vegan Friendly



Sustainably  
Caught Fish



Week Commencing: 6 NOV / 27 NOV / 18 DEC / 8 JAN / 29 JAN / 19 FEB / 11 MAR

WEEK 2

### Monday

Chickpea & Mixed Vegetable  
Spicy Rice   
Margherita Pizza & Wedges   
Jacket Potato - Beans  
/Cheese/Tuna Mayo/Coleslaw  
Seasonal Vegetables   
Ice Lolly   
Fresh Fruit or Peach/Strawberry  
Yoghurt

### Tuesday

Quorn Burger in a Bun with Rice  
Chicken & Vegetable Stir Fry  
with Rice  
Jacket Potato - Beans  
/Cheese/Tuna Mayo/Coleslaw  
Seasonal Vegetables   
Pear & Berry Crumble with  
Custard   
Fresh Fruit or Peach/Strawberry  
Yoghurt

### Wednesday

Roasted Soya Strips with Roast  
Potatoes and Gravy  
Roast Chicken with Roast  
Potatoes & Gravy  
Jacket Potato - Beans  
/Cheese/Tuna Mayo/Coleslaw  
Seasonal Vegetables   
Oat Dream Cookie   
Fresh Fruit or Peach/Strawberry  
Yoghurt

### Thursday

Tomato, Lentil & Bean Pasta  
Bake   
Chicken Meatball Sub  
Jacket Potato - Beans  
/Cheese/Tuna Mayo/Coleslaw  
Seasonal Vegetables   
Chocolate Muffin   
Fresh Fruit or Peach/Strawberry  
Yoghurt

### Friday

Quorn Nuggets with Chips   
Fish Fingers & Chips   
Jacket Potato with Cheese or  
Baked Beans  
Seasonal Vegetables   
Apple & Banana Cake   
Fresh Fruit or Peach/Strawberry  
Yoghurt

### AVAILABLE DAILY



Fresh Bread



Unlimited  
Salad Bar



A choice of  
Fresh Fruit

Week Commencing: 13 NOV / 4 DEC / 15 JAN / 5 FEB / 26 FEB / 18 MAR

WEEK 3


### Monday

Chickpea & Vegetable Tagine  
with Lemon Cous Cous   
Margherita Pizza & Wedges   
Jacket Potato - Beans  
/Cheese/Tuna Mayo/Coleslaw  
Seasonal Vegetables   
Orange Jelly   
Fresh Fruit or Peach/Strawberry  
Yoghurt

### Tuesday

Spaghetti with Tomato Sauce   
Beef Pasta Bolognese  
Jacket Potato - Beans  
/Cheese/Tuna Mayo/Coleslaw  
Seasonal Vegetables   
Vanilla Sponge with Apple  
Compote   
Fresh Fruit or Peach/Strawberry  
Yoghurt





### Wednesday

Quorn Hot Dog with Roast  
Potatoes  
Pork, Roast Potatoes & Gravy  
Jacket Potato - Beans  
/Cheese/Tuna Mayo/Coleslaw  
Seasonal Vegetables   
Shortbread Biscuit   
Fresh Fruit or Peach/Strawberry  
Yoghurt

### Thursday

Honey & Ginger Soya Strips with  
Noodles   
Chicken Curry & Rice  
Jacket Potato - Beans  
/Cheese/Tuna Mayo/Coleslaw  
Seasonal Vegetables   
Pear & Chocolate Sponge   
Fresh Fruit or Peach/Strawberry  
Yoghurt

### Friday

Cheese & Tomato Whirl with  
Chips   
Fish Fingers & Chips   
Jacket Potato with Cheese or  
Baked Beans  
Seasonal Vegetables   
Fruity Flapjack   
Fresh Fruit or Peach/Strawberry  
Yoghurt



Feeding Hungry Minds

CLICK HERE  
TO VISIT OUR  
WEBSITE

# WELCOME TO YOUR SCHOOL LUNCH

## WELCOME TO YOUR NEW MENU

which has been created so your child can enjoy a delicious, balanced school lunch every day cooked fresh daily.

All our menus aim to offer great value, meet school food standards and are at the heart of the exciting food experiences we strive to create for our young diners.

## ALLERGEN INFORMATION

We want all of our customers to feel comfortable when eating with us, so we hold full allergen information for all dishes that are served in our restaurants. If your child has an allergy we can provide a special menu for their requirements. Just ask for further information!

## JUST LOOK AT WHAT YOUR CHILD GETS FROM A SCHOOL LUNCH



NUTRITIOUS  
MAIN MEALS



FRESHLY  
BAKED BREAD



A TRIP TO THE  
SALAD BAR



A DELICIOUS DESSERT



ENERGY & NUTRITION FOR  
A PRODUCTIVE AFTERNOON!

## ≡ GREAT VALUE ≡

SAVE £500 A YEAR WITH FREE SCHOOL LUNCHES!

From September, all primary aged pupils in London are eligible for free school lunches!



DOWNLOAD  
OUR APP  
NOW!



Designed to make ordering meals even easier!

Click here to download it from App Store or Google Play store.

MADE FROM GREAT INGREDIENTS,  
BY AWESOME PEOPLE!



The menus are accredited by the Soil Association - meaning all our meals are balanced and made from ingredients which are sustainably sourced and better for animal welfare.



OVER 80% OF OUR DISHES ARE  
FRESHLY PREPARED EACH DAY

ALL OF THE EGGS WE USE ARE  
FREE RANGE & RSPCA ASSURED



Our ingredients are sourced from local and UK suppliers wherever possible - a fact we love to show off through our partnership with Love British Food.

## DOING MORE TO HELP PUPILS TOWARDS THEIR 5-A-DAY

We have increased the amount of beans and pulses... that means more fibre & less saturated fat!



The salad bar is packed full of fresh vegetables



Your menu has more vegetable focused meals - making them more nutritious!



## PACKED FULL OF FAMILIAR FAVOURITES



Re-engineered recipes to make popular dishes even healthier

More familiar dishes we know they love



Exciting options for KS2 pupils so the options grow as they do

## CONTACT US:



Payments and Meal Ordering



Nutrition Guidance