



# 0-19 Early Help Hubs

## Parenting Programme Timetable – September 2022

Workshop	Audience	Dates	Venue
<b>Family Links</b> <b>With creche</b>	This group aims to support parents to think about what we do, why we do it and how it makes us feel.	<b>Tuesday</b> <b>13/09/22</b> <b>10am – 12pm</b> <b>10 weeks</b>	Finchley Youth Centre, 142 High Road, N2 9ED
<b>CODA</b> <b>(Womens Support Group)</b>  <b>Creche available</b>	Support group for women who have experienced domestic abuse	<b>Tuesday</b> <b>20.09.22</b> <b>11.15am – 1pm</b> <b>12 weeks</b>	The Hyde Hyde Crescent Hendon NW9 7EY
<b>CODA Children's Group</b>	This group aims to support the understanding of conflict and address children's needs.	<b>Tuesday</b> <b>20.09.22</b> <b>4.30 - 6pm</b> <b>12 weeks</b>	Orion The Orion Primary School Grahame Park Way London NW7 2AL
<b>Talking Teens</b>	The Talking Teens Parent Group helps deal with those challenges so you can have a calmer, happier family life.	<b>Tuesday</b> <b>20.09.22</b> <b>9.30 – 11.30am</b> <b>6 weeks</b>	Unitas 76 Montrose Avenue Edgware HA8 0DT

For further information about the timetable or how to access these sessions please call: West Hub - 020 8359 3510, East Hub – 020 8359 3460, South Hub 0208 359 3590

