



NON-CONTACT BOXING FITNESS CLUB

After-School Club for Key Stage 2



Day: Monday



Time: 3:30-4:30



Location: School Hall



Starts: 14/09/2026

| Number of Sessions: 13



Cost: 104£

What it is

- ✓ Fitness, coordination & confidence
- ✓ Non-contact pad work
- ✓ Fun movement & skill drills
- ✓ All abilities welcome



All sessions strictly
non-contact (pads and bags
only). **Safety first!**



Who is it for?

- Key Stage 2 pupils
- Great for children who like active learning
- Inclusive & confidence-building



Safety & Supervision

- ✓ Staff-led (Enhanced DBS)
- ✓ Clear behaviour expectations
- ✓ School safeguarding followed



Places limited – max 10 children



Sign-up Deadline: 11/09/2026



Contact:
office@stvincents.barnet.sch.uk

Active • Inclusive • Confidence-Building

