



Sports Premium Funding 2022-23

At St Vincent's Catholic Primary School, Physical Education is an essential part of our school life. We strive for excellence, participate in daily physical activities and regularly participate in competitive sporting events and workshops. Every child in our school has two hours of physical education per week, with at least one hour provided by a specialist sports coach. Through dance from an early age, we believe that children can express themselves in ways they sometimes cannot, both as individuals and as part of a team, whilst developing their physical health and overall well-being.

Dance workshops, assemblies, and performances are held regularly throughout the year, supported by our specialist teacher. In KS2, children in Years 3, 4 and 5 participate in swimming lessons in 6-week blocks, which ensures progress is monitored throughout pupils' time in KS2. Swimming will remain a key priority for the school as the current statistics released by Swim England continue to indicate only 25% of children are leaving school with the ability to swim safely for 25 metres due to a lack of participation and provision during and after the coronavirus lockdowns.

We also offer a range of extra-curricular clubs at lunchtime and after school, driven by pupils' voices. Our vision with PE and Sports Premium is to raise the awareness of all pupils – that to be engaged and enthused with daily physical activity is a part of embodying healthy minds, bodies, and spirits. By listening to pupil voices, we want our children to have the opportunity to participate on a personal level in the development of their Physical Education at St Vincent's.

With the current stage of our continuing recovery after the pandemic, we continue to encourage community exercise through different activities, and this will continue to be a priority for the well-being of all children.

We have built-in further PE sessions for those who may have lost out on this during the previous affected years. We continue to invest in new equipment to engage children who may have been disproportionately affected by the lack of provision offered during and after the effects of the coronavirus lockdowns.

Sustainability at St Vincent's:

- Improvement of healthy eating and lifestyle
- Increase the activities offered in break-times and lunchtimes to increase physical activity.
- Specialist teachers to raise the achievement of more able and talented pupils.
- We target less physically active children through 'personal best challenges' both in school and at home.

Our Achievements to date:

During the 2022-23 Academic Year, students across the school participated in a growing number of inter-school competitions and inter-school events. Across the school, children were given further opportunities to lead, officiate and participate in playground games and track exercise activities (brain breaks, body movement exercises, dancing, yoga moves, stretches etc.).

This year, we have continued to develop our opportunities for daily physical activity by encouraging participation in the Daily Mile. All children are encouraged to cover the mile through walking or running.

Building on previous success, we have been able to participate in an increased number of inter-school competitions this academic year. We have participated in over 35 fixtures against local schools. Our boys and girl's football teams won their respective football leagues and/or cups against local schools in Barnet. Our children also attended several SEND friendly events including Boccia where we placed 2nd and we continued to develop our participation in cross country events. Children from Key stage two competed against schools in the Barnet Borough and placed 1st in track. Several of these children were asked to join the weekly athletics club at Shaftesbury Harriers and have continued to develop their athletic ability further.

We continue to monitor the fitness levels of all children. We target children who are less active to improve their fitness levels, and have introduced different activities to promote engagement such as Cross-Country Club, Multi-Sports, Football clubs and a performing arts club. We have also enhanced provision for our most inactive children with activities such as active club, cross

country club, boccia games which can be used by all children throughout the day as part of movement breaks or break times. Our larger emphasis on the daily mails ensures all children are moving their bodies and taking part in an increased amount of physical activity. We have expanded our focus further to physical activity in our local community by adding a weekly 'walk to school day' where children of all ages and their families are invited to walk to school with members of staff which has been a great success. This has led to the activity being extended for the next academic year.

We have also continued our efforts to highlight girls sports and have started a girl's rugby club and increased the amount of training available for girl's football clubs to ensure that every child, regardless of gender or background has the ability to succeed. To develop physical activity further, we have introduced further playground equipment for each key-stage at break time and lunch which helped to engage many children.

We also took part in the Barnet Dance Festival, which returned to an in person format where our children excelled amongst other schools in Barnet and were commended for their efforts.

Swimming Data from previous year:

25m not achieved	achieved	Range of strokes	Safe self-rescue
12 (10%)	113 children (90%)	81 children (65%)	116 children (93%)

As part of our action plan to increase and improve the number of swimmers by the end of KS2, we are continuing our provision of sending children in Years 3 through 4 to swimming lessons throughout the new academic year 22/23. Children in KS2 who have not met the 25m requirement will have opportunities for catch-up sessions at the end of the year. We saw an increase in children's ability to swim 25m, swim using a variety of strokes and perform a safe self-rescue with additional swimming safety lessons being taught as part of the P.E curriculum and through the resources supplied by Swim England.

Item	Cost	Action	Impact
Professional development in dance and P.E	£12,096 Dance £4863	Embed different dances within the curriculum for all children in school to become more active and understand other dances. It is linked to Healthy Schools Award. Dance is provided weekly for all children, performing main shows throughout the year – KS1 dance show, KS2 dance festival. G&T weekly performance group for KS1 & KS2 and leadership roles in supporting younger dancers in the school.	<ul style="list-style-type: none"> Engages pupils and provides them with a positive attitude towards health and well-being. Increase pupil performances in assemblies and shows throughout the year. Specialist high-quality teaching.
Professional development for teachers	£1300	In-person CPD as part of Barnet Partnership meetings helped to identify room for improvements and continue to develop participation clubs.	<ul style="list-style-type: none"> Specialist coaches, teachers and support staff to feel confident to deliver PE lessons of high quality and how to effectively assess.
Extra-curricular activities	Afterschool clubs. £0	To Identify less active children to raise fitness, including pupil premium, increasing pupils' participation in extracurricular activities by setting up different extra-curricular clubs for each year group. Weekly sports clubs are provided for identified children to promote regular exercise. Children complete fitness and health surveys to express their interests and voice clubs they would like to have set up. Afterschool clubs were able to resume from the start of the year.	<ul style="list-style-type: none"> Children are more active at playtime with a plan to introduce more equipment as part of the wellbeing team. Free weekly targeted clubs for KS1 and KS2 Variety of clubs being offered throughout the year – Boccia, personal challenges and running club, girl's rugby club
Inter-school competitions	£0	Interschool events did return to our borough, and children attended several events, including bowling, boccia, cross-country, football and athletics.	<ul style="list-style-type: none"> Participation in a broader range of activities. Increased physical activity at school in movement breaks. period Gained new knowledge and shared best practices with other schools.

Resources needed	£0	We had been able to reduce expenditure on equipment with an increase of sustainability of previously used equipment and different donations from sports bodies and private companies.	<ul style="list-style-type: none"> • Plenty of equipment for children to use. • All equipment is safe and futureproofed where possible.
Transport to events	£0	Not needed due to the use of parent helpers and local public transport.	
Total Budget	£18 477		
Total spending	£18 259		