



Sports Premium Funding 2019-20

At St Vincent's Catholic Primary School, Physical Education is an essential part of our school life in which we strive for excellence, participating in daily physical activities and participating regularly in competitive sporting events and workshops. Each child has two hours of physical education per week with at least one hour provided by a specialist sports coach. We believe that through dance from an early age, children are able to express themselves, in ways they sometimes cannot, both as individuals and as part of a team, whilst developing their physical health and overall wellbeing.

Dance workshops, assemblies, and performances, are held regularly throughout the year supported by our specialist teacher. In KS2, children in Years 3, 4 and 5 had been scheduled to take part in weekly swimming lessons in 6 week blocks ensuring progress monitored throughout pupils' time in KS2, however with COVID19 restrictions this was not completed this year.

We also offer a range of extra-curricular clubs at both lunchtime and after school, driven by pupil voice. Our vision with PE and Sports Premium is to raise the awareness to all pupils – that to be engaged and enthused with daily physical activity is part of engaging fully in developing healthy minds, bodies and spirits. By listening to pupil voices, we want our children to have the opportunity to participate on a personal level with the development of their Physical Education at St Vincent's.

With the current Covid19 pandemic we have seen a significant number of disadvantaged children who have not been able to exercise; therefore we have been working with families to promote regular physical activity and have built in further PE lessons for those who return before the end of summer term.

Sustainability at St Vincent's:

- Improvement of healthy eating and lifestyle
- Increase the activities offered in break-times and lunchtimes to increase physical activity.
- Specialist teachers to raise the achievement of more able and talented pupils
- Targeting less physically active children through 'personal best challenges' both in school and at home.

Our Achievements to date:

During the 2019-2020 Academic Year, students across the school participated in a number of intra-school competitions as well as inter-school events. Across the school, children were given opportunities to lead, officiate and participate in playground games as well as track exercise activities (brain breaks, body movement exercises, dancing, yoga moves, stretches etc).

This year, we have introduced online competitions to increase physical activity at home which have involved jumping, squats and other whole-body movements.

Our enthusiastic football players went out and competed against many other schools both in Barnet and across London boroughs in tournaments such as: Dick Bailey Cup, Martin's Cup, South West Football League, the Girls Cup and the John King's Trophy. The Boys' Football

Team in UKS2 were in first place for the league title, however the league was later voided due to the Covid-19 Pandemic. The Girls' Football Team also achieved success and look to have a bright future.

This year, St Vincent's again registered for the West Schools Athletic Event: however, with the voiding of all sporting fixtures, we arranged for children to have their own Olympics Week at school as an alternative.

We continue to monitor the fitness levels of all children and are targeting children who are less active to improve their fitness levels such as Cross-Country Club, Multi-Sports, Netball club, Football clubs and a performing arts club. KS2 have participated in swimming sessions with an external swimming instructor and we had targeted children for additional swimming sessions to improve their competencies.

We also took part in Barnet Dance Festival where the children were lauded for their teamwork and effort.

Swimming Data before catch-up sessions:

25m not achieved	achieved	Range of strokes	Safe self-rescue
5 (7%)	66 children (93%)	45 children (63%)	60 children (85%)

As part of our action plan in order to increase and improve the number of swimmers by the end of KS2, we are sending children in Years 3 through 5 to swimming lessons throughout the new academic year 20/21. Children in KS2 who have not met the 25m requirement will be targeted for catch-up sessions.

Item	Cost	Action	Impact
Professional development in dance	£13,160	Continue to include dance within the curriculum for all children in school to become more active and develop an understanding of different dances. Linked to Healthy Schools Award. Dance provided on a weekly basis for all children, performing main shows throughout the year – KS1 dance show, KS2 dance festival. G&T weekly performance group for KS2 and leadership roles in supporting younger dancers in the school.	<ul style="list-style-type: none"> Engages pupils and provides them with a positive attitude towards health and well-being. Increase pupil performances in assemblies, and shows throughout the year. Specialist high quality teaching.
Professional development for teachers	£0	Online CPD during Covid-19 Lockdown and Barnet Partnership meetings which helped to identify room for improvements and targeting weekly participation groups.	<ul style="list-style-type: none"> Specialist coaches, teachers and support staff to feel confident to deliver PE lessons of a high quality and how to effectively assess.
Extra-curricular activities	ELMS sports £3650	Identifying less active children to raise fitness including pupil premium. Raising participation of pupils in extracurricular activities by setting up different extra-curricular clubs for each year group. Weekly sports clubs provided for identified children to promote regular activity.	<ul style="list-style-type: none"> Children are more active at playtime with a variety of equipment to use.

	Netball, summer sports, basketball coaching	Children complete fitness and health surveys to express their interests and voice clubs they would like to have set up.	<ul style="list-style-type: none"> • Free weekly targeted clubs for both KS1 and KS2 • Variety of clubs being offered throughout the year – Gymnastics, netball, football KS1 & KS2, basketball, cross-country running club, multi sports, dance club,
Inter-school competitions	BPSS membership £1,300	Identifying particular events in which children wanted to participate against other schools and increased physical activity at home from their #Stayinworkout challenges.	<ul style="list-style-type: none"> • Participation in a wider range of activities. • Increased physical activity at home during lockdown period • Gained new knowledge and shared best practices with other schools.
Resources needed	£0	Reduced costs of equipment due to sustainability and use of current resources.	
Transport to events	£0	Children were transported to events with the help of parents and their private vehicles, walking and the school party travel scheme ran by TfL	<ul style="list-style-type: none"> • In line to achieve same participation in events as last year prior to COVID-19
Total spending	£18 740		